

**Conference
Brochure**



Canadian Depression Research
and Intervention Network

Réseau canadien de recherche
et intervention sur la dépression

INNOVATION + COLLABORATION = TRANSFORMATION

CDRIN 2nd Annual Conference

February 24 & 25 • 2015

Shaw Centre | Ottawa, Ontario

www.cdrin.org



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Invitation to Participate

Join us in Ottawa, Ontario

“ We know that depression affects many Canadians and we welcome the decision to dedicate resources to a plan that will undoubtedly result in more positive outcomes for people living with depression in this country. ”

Louise Bradley
President and CEO
Mental Health
Commission of Canada

What is featured at the 2015 conference?

The conference is intended to provide a rich experience for attendees with opportunities to examine emerging ideas and issues, share progress, connect with colleagues and increase their understanding of plan initiatives. The conference will support key community priorities:

- Overview of current state of depression research;
- Facilitating stakeholder engagement;
- Network development;
- Knowledge exchange and translation;
- Participation and contribution from persons with lived experience;
- Education and training;
- Future directions; and
- Partnership building.

Who is hosting the conference?

The Canadian Depression Research and Intervention Network (CDRIN) promotes collaborative, patient-focused, research and intervention that will lead to better care and understanding of depression and Post Traumatic Stress Disorder (PTSD) and prevention of suicide. The network brings together the leading clinical and research minds, and persons with lived experience, from all across Canada.

CDRIN 2015 Planning Committee

Committee Co-Chairs

Zul Merali (Dr.) Co-Chair, University of Ottawa Institute of Mental Health Research

Andy Greenshaw (Dr.) Interim Co-Director (Mental Health Research), Neuroscience & Mental Health Institute, Professor & Associate Chair (Research), Department of Psychiatry

Committee Members

Astrid Eberhart (Ms) Associate Executive Director, CDRIN Canadian Depression Research and Intervention Network

Dave Gallson (Mr.) Associate National Executive Director, Mood Disorders Society of Canada

Simon Hatcher (Dr.) Vice Chair Research, The Royal Ottawa Health Care Group

Danielle Impey, Ph.D. (cand.) Clinical Neurophysiology and Cognitive Research Laboratory, University of Ottawa Institute of Mental Health Research

Claude Lurette (Mr.) Central Canada Depression Hub – Lived Experience representative

Darrell Mousseau (Dr.) Associate Professor, Saskatchewan Research Chair in Alzheimer's Disease and Related Dementia, Professor in the College of Medicine's Department of Psychiatry

Marilyn Prince (Ms) Coordinator, CDRIN Secretariat, CDRIN Canadian Depression Research and Intervention Network

Arun Ravindran (Dr.) Division of Mood and Anxiety Disorders, Centre for Addiction and Mental Health

Rudolf Uher (Dr.) Canada Research Chair in Early Intervention in Psychiatry, Dalhousie University, Associate Professor

Phil Upshall (Mr.) Mood Disorders Society of Canada, National Executive Director

Contact Us

General Enquiries

CDRIN 2015

c/o Innovative Conferences & Communications

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Delaware, ON, N0L 1E0

Phone: 519-652-0364

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Email: conference@cdrin.org

Website: www.cdrin.org

Sponsor/Exhibitor/Advertiser Enquiries

Information

Package: www.cdrin.org

Email: conference@cdrin.org

Media Enquiries/Communications

Phone: 519-652-0364

Fax: 519-652-5015

Email: conference@cdrin.org



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CDRIN 2015 Conference Agenda

Agenda current as of January 8, 2015 – subject to updates and/or changes

Tuesday, February 24

7:30 am – 8:30 am	Breakfast and Registration
8:30 am – 8:45 am	Welcome and Introductions
8:45 am – 9:30 am	Presentations by the CDRIN Depression Hubs
9:30 am – 10:30 am	PTSD in Military and First Responder Communities Chair: TBC Panel: Dr. John Bradford – Brockville Mental Health Centre, Brockville, ON Gen. Peter Chiarelli (ret.) – One Mind, Seattle, WA Col. Dr. Rakesh Jetly – National Defence, Ottawa, ON Ms. Ruth Lanius – London Health Sciences Centre, London, ON
10:30 am – 10:45 am	Break
10:45 am – 11:45 am	Depression and Co-Morbidities Chair: TBC Panel: Dr. Antoine Hakim – Ottawa Hospital Research Institute, Ottawa, ON Mr. Claude Lurette – person living with bi-polar disorder, Ottawa, ON Dr. Michael Meaney – Douglas Mental Health University Institute, Montreal, QC Dr. Nicole Sherren – Norlien Foundation, Calgary, AB
11:45 am – 1:00 pm	Lunch
1:00 pm – 2:00 pm	How Can Big Data Improve Care for Depression? Chair: Dr. Sidney Kennedy – University of Toronto, Toronto, ON Panel: Dr. Felicity Callard – Durham University, London, UK Dr. Elliot Goldner – Mental Health Commission of Canada, Vancouver, BC Dr. Donald Stuss – Ontario Brain Institute, Toronto, ON Dr. Rudolf Uher – Dalhousie University, Halifax, NS
2:00 pm – 3:00 pm	Diagnostic Challenges Chair: TBC Panel: Dr. Roger Bland – University of Alberta, Edmonton, AB Dr. Pierre Blier – University of Ottawa Institute of Mental Health Research, Ottawa, ON Dr. Zachary Kaminsky – Johns Hopkins University, Baltimore, MD Mrs. Margaret Trudeau – author, Montreal, QC
3:00 pm – 3:30 pm	Networking and Break Visit speakers in the “Speakers Spot”
3:30 pm – 4:30 pm	Virtual Mental Health: Broadening Access to Care Through Technology Chair: TBC Panel: Dr. Paul Kurdyak – Centre for Addiction and Mental Health, Toronto, ON Dr. Raymond Lam – Canadian Network for Mood and Anxiety Treatments, Vancouver, BC Dr. Patrick McGrath – Dalhousie University, Halifax, NS Ms. Shelley McKay – Ottawa, ON Dr. Jess Wright – University of Louisville Depression Centre, Louisville, KY
4:30 pm – 4:45 pm	Closing Remarks Day 1
5:00 pm – 6:00 pm	Reception in Poster Displays and Exhibitors
6:00 pm – 8:30 pm	Dinner included for all full conference registrants – <i>details to follow</i>



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CDRIN 2015 Conference Agenda

Wednesday, February 25

- 7:30 am – 8:45 am **Breakfast**
- 8:45 am – 9:30 am **Opening Remarks**
- 9:30 am – 10:30 am **Breakthroughs in the Treatment of Depression**
 Chair: **TBC**
 Panel: **Dr. Pierre Blier** – University of Ottawa Institute of Mental Health Research, Ottawa, ON
Dr. Jeff Daskalakis – Centre for Addiction and Mental Health, Toronto, ON
Dr. Sidney Kennedy – University of Toronto, Toronto, ON
- 10:30 am – 10:45 am **Break**
- 10:45 am – 11:45 am **International Partnerships and Collaborations**
 Chair: **TBC**
 Panel: **Dr. John Greden** – National Network of Depression Centers, Ann Arbor, MI
Dr. Ulrich Hegerl – University of Leipzig, Leipzig, Germany
Dr. Zul Merali – Canadian Depression Research & Intervention Network, Ottawa, ON
Ms. Jennifer Vornbrock – Mental Health Commission of Canada, Ottawa, ON
- 11:45 am – 1:00 pm **Lunch**
- 1:00 pm – 2:00 pm **Innovative Approaches for Funding Depression Research**
 Chair: **TBC**
 Panel: **Mr. Pete Bombacci** – Movember Canada, Toronto, ON
Mr. Oliver Bone – former Olympian, Halifax, NS
Ms. Kathleen Stevens – National Network of Depression Centers, Ann Arbor, MI
Mr. Bill Wilkerson – Mental Health International, Port Hope, ON
- 2:00 pm – 3:00 pm **Major Depression in Youth – Hopes and Challenges**
 Chair: **TBC**
 Panel: **Dr. Louise Arsenault** – Kings College, London, UK
Dr. Ashok Malla – Douglas Mental Health University Institute, Montreal, QC
Ms. Alicia Mundo
Dr. Peter Silverstone – University of Alberta, Edmonton, AB
Dr. Kristopher Wells – University of Alberta, Edmonton, AB
- 3:00 pm – 3:30 pm **Networking and Break** | Visit speakers in the “Speakers Spot”
- 3:30 pm – 4:00 pm **Young Researchers**
 Co-Chairs: **Dr. Pierre Blier** – University of Ottawa Institute of Mental Health Research, Ottawa, ON
Dr. Georg Northoff – University of Ottawa Institute of Mental Health Research, Ottawa, ON
 Two selected oral presentations (Basic Science and Clinical Researchers – *to be determined*)
 Awards to best research project (basic and clinical)
- 4:10 pm – 5:15 pm **Workshops** – *to be announced*
- 5:15 pm – 5:30 pm **Closing Remarks**



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Registration Information

Registration Fees Include:

- breakfasts, refreshment breaks and lunches – as noted in agenda
- admission to the poster displays
- a delegate bag
- all printed materials

Registration Fees:

ATTENDEE | RESEARCH TRAINEES | PERSONS WITH LIVED EXPERIENCE — **Please review rate chart on page 8**

- Early registration – on/before January 23, 2015
- Regular registration – on/after January 24, 2015

Special Notes:

- delegate name and provided address will be shared with organizers and exhibitors
- business casual dress is required
- our conference is fragrance free
- unless previously sold out, the cut-off date for receiving registrations is FEBRUARY 16, 2015.
- due to the lead time required to order printed delegate bags, delegates who register after January 30, 2015 will not be guaranteed an official CDRIN 2015 delegate bag. In this situation, a plain bag will be made available.

Cancellation / Substitution Policy:

- cancellations will be refunded less 20% administration fee with notice of cancellation being received at conference@cdrin.org no later than January 30, 2015. No refunds will be issued after this date.
- substitutions may be made but notice must be received at conference@cdrin.org no later than February 13, 2015.
- CDRIN 2015 reserves the right to make appropriate program changes as deemed necessary and/or cancel events due to circumstances beyond CDRIN's control. In the event of cancellation of the conference, only registration fees will be refunded.

Privacy Statement:

Registration information is collected to process registrations and payments for educational events, correspond with registered delegates and to publish delegate lists for event participants. If you do not wish to have your registration information used for these purposes please indicate this on the registration form.

Consent to Use of Photographic Images:

Registration and attendance in CDRIN 2015 provides permission for personal photographs to be published on the CDRIN website, Facebook page, in printed publications including newsletters and brochures, with no identifying information to be provided. If you do not wish to have your photograph used for these purposes, please indicate this on the registration form.

Confirmation of Receipt of Registration:

Registrants will be able to print their confirmation and receipt upon completion of registration online for CDRIN 2015. If you have mailed or faxed in your registration, and have not received an emailed confirmation of registration within 3 weeks – please contact conference@cdrin.org.



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Conference Support

For Persons with Lived Experience and Research Trainees

CDRIN may provide support for registration fees, travel and/or accommodations depending on the availability of funds, with priority given to persons with lived experience and research trainees. Persons interested in applying for this financial support are asked to consult the CDRIN website at <http://cdrin.org/annual-conference/>

Applicants will be required to provide a written request with specific information on his or her area of work or interest in this conference, details on how this learning experience will be shared with others, and include a letter of support from his or her organization or agency.

While confirmation and commitment of financial support from CDRIN will be provided before the conference, it should be noted that any support that CDRIN provides will be paid out following the conference. Recipients will be required to submit an expense claim to CDRIN 2015 and to supply valid, original receipts. Expenses will be reimbursed after the conference as advances will not be provided before the conference.

Deadline for Applications: Applications must be received by **January 30, 2015**

CDRIN 2015 Poster Presentations

Have you found innovative ways to improve the care of persons with Depression or PTSD? Have you conducted research in those fields? Do you want to share your findings? A poster presentation at the CDRIN conference can be an excellent way to do this.

What is a Poster?

A poster presentation is a way to visually share information and to inform others without having to speak in front of a large audience. The poster session provides a way of presenting that encourages one-on-one communication between the presenter and the conference attendees. We anticipate these sessions will provide an "incubator" for further discussions. Conference attendees can read what you have written on your poster and, at select times during the conference, you stand by your poster to answer questions.

The presentation space is one side of a stand-alone poster board (4' tall x 8' wide) that you can tack posters or individual pages on to.

What Makes a Good Poster Presentation?

Poster presentations are intended to give you the chance to present interesting ideas and start conversations with others. Additionally, proposal titles and abstracts are one of the major tools the audience will use to identify posters of interest, so it is important to communicate clearly.

The poster isn't there for the audience to just read, it is a visual aid for you to use in creating a quick engaging impromptu presentation, and to refer to in answering questions and fueling discussion.

Location, Schedule and Setup:

Specific details about poster board location, schedule for presentations, and poster guidelines will be provided to all submissions accepted for presentation.

Important Dates for the CDRIN Poster Session:

- Poster submission deadline: **January 23, 2015**
- Poster submission acceptance notification: January 30, 2015

Questions / Information:

Please contact conference@cdrin.org for further details, questions or assistance.



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CDRIN 2015 Dinner and Evening Speakers Event

Meeting Venue

The CDRIN Conference 2015 will take place on February 24 and 25, 2015:

Shaw Centre
55 Colonel By Drive
Ottawa, Ontario K1N 9J2

Centre **Shaw**) Centre

The Shaw Centre is very centrally located in downtown Ottawa, Ontario, Canada's Capital. It is within walking distance of over 6,000 downtown Ottawa hotel rooms, numerous attractions and landmarks, and the ByWard Market. A 20-minute shuttle ride from the Ottawa International Airport, the Centre is directly linked to the Westin Ottawa Hotel and the 180-store Rideau Centre shopping complex.

For further details about the Shaw Centre, please consult: www.shaw-centre.com

Accommodations

Numerous options for accommodations are available in close proximity to the Shaw Centre – and at a variety of price points. Please consult www.cdrin.org for further details, contact information, and geographic proximity to the meeting venue.



Registration Form

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Please print and complete this form and send it to CDRIN 2015 using one of the following options:

Email: conference@cdrin.org

Mail: CDRIN 2015

Fax: 519-652-5015

c/o Innovative Conferences & Communications
PO Box 319, 59 Millmanor Place, Delaware, ON, N0L 1E0

Register & Pay Online at: www.cdrin.org

REGISTRATION will NOT be processed until both REGISTRATION FORM and FULL PAYMENT are received at CDRIN

NAME - as it will appear on name badge _____

POSITION/TITLE- as it will appear on name badge _____

eMAIL ADDRESS (REQUIRED) _____

NAME OF ORGANIZATION _____

DEPARTMENT / BRANCH _____

HOME ADDRESS _____

CITY _____ PROVINCE /STATE / COUNTRY _____ POSTAL CODE _____

HOME PHONE _____

WORK PHONE _____ EXT. _____ FAX _____

PLEASE NOTE ANY SPECIAL DIETARY RESTRICTIONS (vegetarian, food allergies etc.) _____

SPECIAL ACCESSIBILITY REQUIREMENTS _____

ALL PRESENTATIONS WILL BE GIVEN IN ENGLISH. WILL YOU REQUIRE TRANSLATED HARD COPY HANDOUTS OF THE PRESENTATION SLIDES? Yes No

I DO NOT CONSENT TO THE USE OF MY REGISTRATION INFORMATION AS OUTLINED IN THE PRIVACY STATEMENT

I DO NOT CONSENT TO THE USE OF PHOTOGRAPHIC IMAGES

CONFERENCE RATES

EARLY - faxed, postmarked or received on-line on or before JANUARY 23, 2015

REGULAR - faxed, postmarked or received on-line on or after JANUARY 24, 2015

	ATTENDEE		RESEARCH TRAINEES or LIVED EXPERIENCE
	EARLY	REGULAR	
FULL CONFERENCE: Tuesday, February 24 and Wednesday, February 25 <i>Includes Tuesday Evening Dinner & Speaker Event</i>	\$390.00	\$540.00	\$200.00
DAILY RATES:			
Tuesday, February 24	\$250.00	\$350.00	\$100.00
Dinner & Speaker Event	\$75.00	\$75.00	\$75.00
Wednesday, February 25	\$250.00	\$350.00	\$100.00

SUMMARY OF PAYMENT SUBMITTED

FULL CONFERENCE

Registration Fee: \$ _____ *includes Tuesday and
Wednesday Program*

Attendee
 Research Trainee
 Lived Experience

I will attend Tuesday Dinner

DAILY CONFERENCE

Registration Fee: \$ _____ Tuesday, February 24

Attendee \$ 75.00 I will attend Tuesday Dinner

Research Trainee \$ _____ Wednesday, February 25

Lived Experience \$ _____

TOTAL AMOUNT SUBMITTED

Canadian Funds \$ _____

FOR OFFICE USE ONLY

CDRIN 15 - _____

AMT PAID _____

PAID BY _____

PROCESS DATE _____

PAYMENT OPTIONS

Cheque - Please note the cheque is payable to the Mood Disorders Society of Canada (re: CDRIN 2015 Conference)
NO POST DATED CHEQUES - \$30.00 administration fee will be charged on all NSF cheques

Card # _____

3 digit CCV number on back of card _____

Credit Card Holder Name _____

Signature _____

Expiry Date _____